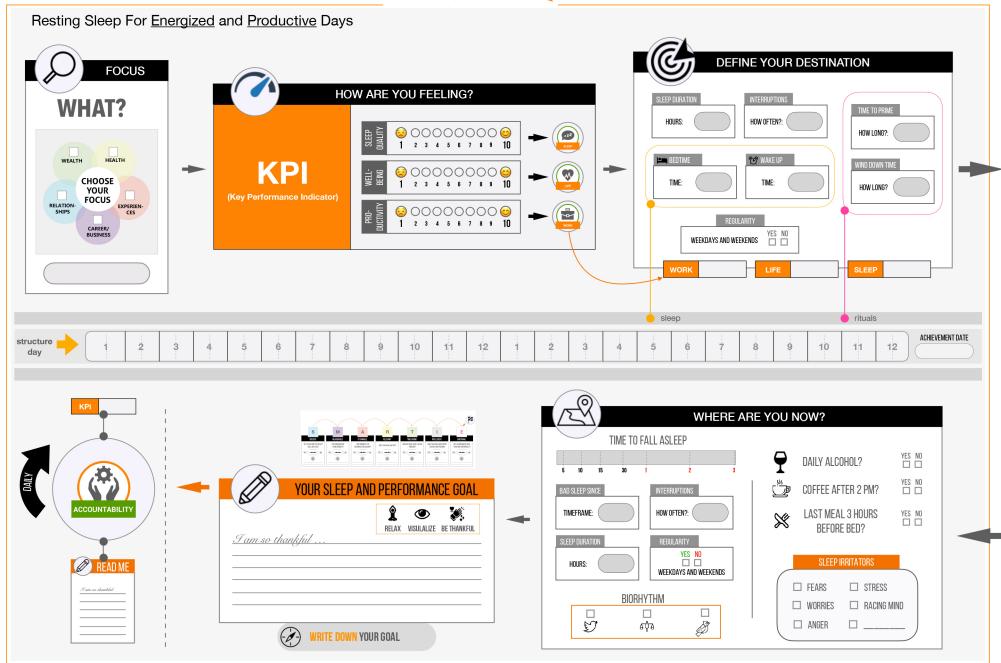
SLEEP P³ERFORMANCE SETTER



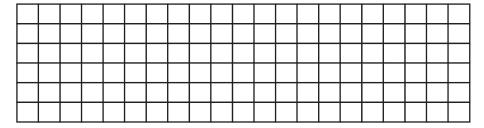
THIS IS THE EXACT FRAMEWORK THAT AMBITIOUS BUSINESS PROFESSIONALS USE TO RAISE THEIR SLEEP QUALITY 20% - 50% IN 90 DAYS EXPERIENCING HIGH ENERGY & JOY WITHOUT RISKING THEIR PERFORMANCE AT WORK





Write a (first) version of your goal AND further	
clarify it in a coaching session.	
Attend weekly coaching on	
Book personal coaching call on	

90 DAYS TRACKER



BOOK A CALL

https://bit.ly/3vRulHL



NOTES FOR THIS WEEK