

STRONGER TOGETHER:

THE WCV WAY TO HEALTHY LIVING

At Windsor Country Village, independent living doesn't mean slowing down — it means living life *your way*, with great friends by your side.

Just ask our energetic group of WCV residents who have made the local McGraths Hill gym, Ozzy Fitness, their unofficial second home. Whether they're warming up on the machines, sharing a laugh mid-workout, or proudly flexing for the camera, they're proving every week that age is no barrier to strength, vitality, and having a bit of fun.

What makes their routine so inspiring isn't just the exercise — it's the community behind it. Moving your body is easier (and far more enjoyable) when you're doing it with people who cheer you on. Our residents head to the gym together, motivate each other through each session, and celebrate every achievement as a team. It's this social connection that keeps them active, positive, and looking forward to each week.

And the gym is just the beginning.

Here at Windsor Country Village, we know that staying healthy means staying engaged — physically, mentally, and socially. That's why we offer a wide range of activities right inside the village, including walking groups that explore the beautiful natural surrounds; yoga classes focused on flexibility, balance and calm; and social bowls for friendly competition and community connection.

It's all designed to support a lifestyle where you feel good, stay strong, and enjoy every day with friends who feel like family.



If you're wondering whether retirement could look like this — active, social, and full of purpose — there's only one thing left to do...

Come see for yourself.

Book a tour of Windsor Country Village today and discover a community where living well comes naturally.

WINDSOR COUNTRY VILLAGE

AFFORDABLE INDEPENDENT LIVING FOR OVER 55'S

COURTYARD GARDEN VILLAS FOR SALE NOW

Fully renovated

FROM \$275,000

- On site Village Manager
- Large Community Centre
- Village Bus
- 5 Acres of Parkland Like Grounds
- Independent Living
- Great Social Events & Activities

Family run for over 35 years

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