



EST. 1976



WHEELER-WINDSOR  
EXPEDITIONS

# PORTUGAL Exploration

*Designed & Led by Jack Wheeler & Rebel Holiday*

***Lisbon, Sintra, Cascais, Portuguese Riviera, Silver Coast & Porto***

Arrive: Friday, May 2   Depart: Sunday, May 11, 2025



Welcome to Portugal! We're Jack Wheeler and Rebel Holiday and we look forward to leading your expedition to share what we've discovered.

Portugal is authentic, charming Europe. It's legendary for its weather, wine, and food... this clean country is rated 4th safest in the world!

Like California at its best, yet with centuries of history, Portugal remains wonderful. Come enjoy the quality of life, a relaxed pace to meals, appreciating family, sunshine and the ocean.

We'll show you the "best of Portugal" from Lisbon to Porto.

Portugal is known for the friendliness of its people -- who welcome you with "open arms".

We hope you join us to experience it!

*Jack and Rebel*



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# Welcome to Portugal

Many travelers have been to Europe, yet not seen Portugal, and what a treasure to see!



# Portugal – California of Europe

If you've been in only briefly in Portugal or have been wanting to – this may be the time!

It looks small on a world map, but there is SO much here! The biggest challenge is paring it down.

It is very diverse as each region is different with a distinct own scenic beauty, culture, arts, customs, history, food, wine...

The Portuguese are warm, kind people who treat foreigners very well. Many speak English.

Today, there are growing numbers from many countries decide to live or spend time here.



# Lisbon, the Capital of Portugal

## *Lisboa*



Lisbon is the [oldest city in Western Europe](#), founded by the Phoenicians as *Allis Ubbo* (Safe Harbor) over three thousand years ago (1200 BC).



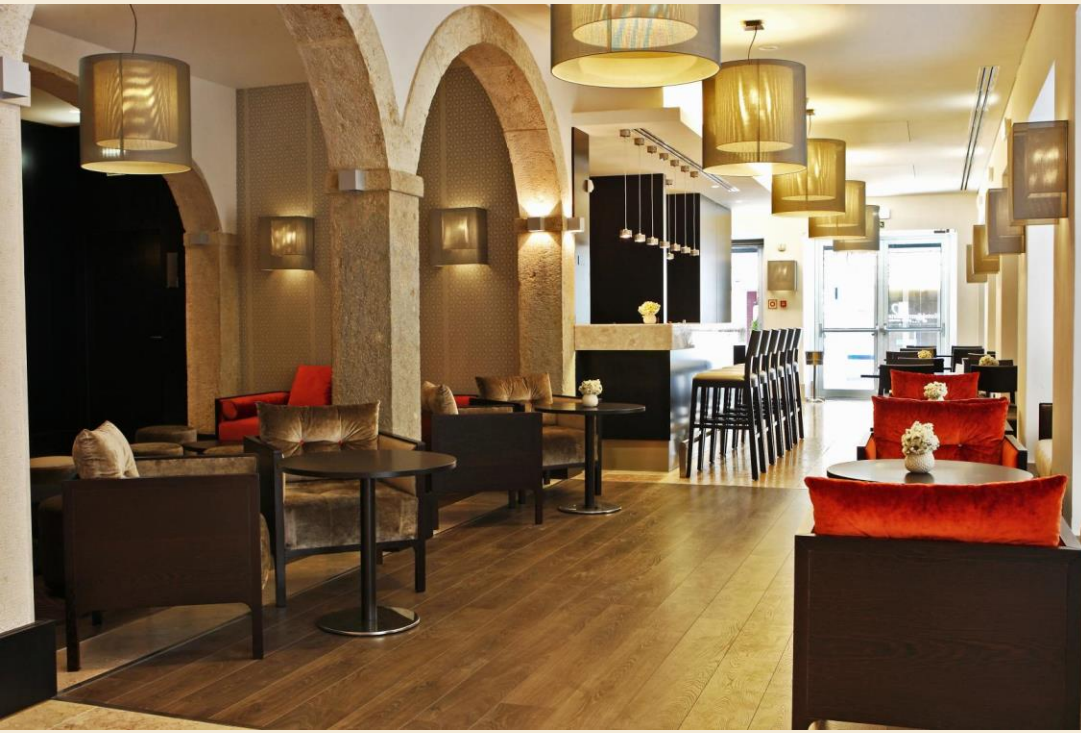
Lisbon is one of Europe's most charming, timeless, and elegant cities.

It is modernized while maintaining its history, very clean, and one of the safest cities in the entire world.

## Day 1 - Arrival Day - May 2, 2025 - Welcome to Lisbon!

Today is arrival day in Lisbon. You will be met and transferred to our hotel, the highly-rated ***Santa Justa Hotel*** located in the lively heart of the city right by the Rossio metro. It's a wonderful area in the center near the river for walking.

We will meet for lunch and begin exploring Lisbon this afternoon. You'll have a break to relax before we meet for our Welcome Dinner.



We can explore the streets, perhaps Rua da Prata or “Street of Silver”... and reflect that archaeologists have excavated a [2,000 year-old Roman street directly underneath us](#), with ancient shops and cafés like what we’re enjoying right now. Lisbon is old – a *thousand years old* by the time of Rome.



**Praça do Comércio** or **Commerce Square**) is near the [Tagus river](#), the square was rebuilt after the great [1755 Lisbon earthquake](#) by the revered [Sebastião José de Carvalho e Melo, 1st Marquis of Pombal](#), who was the [Minister of the Kingdom of Portugal](#) from 1750 to 1777, during the reign of [Dom José I, King of Portugal](#).



## Days 1, 2 & 3

Lisbon offers much to explore. You'll enjoy the panoramic view from the top of [St. George's Castle](#). In Portuguese it is called [Castelo de São Jorge](#) and overlooks the city --

The hill was used by indigenous Celtic tribes, then by Phoenicians Greeks, Carthaginians, Romans, Visigoths, Moors, and finally the Portuguese themselves. This area is the well-known neighborhood of Alfama.

We'll see the famous [Se Cathedral](#)... (*pictured on the right.*)



The charm and bustle of this European capital is a pleasure – you'll see the classic neighborhoods of Baixa and Chiado.

On the beautiful Avenida Liberdade, Marques de Pombal, a tree-lined street with many fine shops. You learn the story of how he heroically saved Lisbon and rebuilt it after their earthquake.



A short visit the [National Azulejo Museum](#) showcases the development of *azulejos*, or ceramic tiles, in Portugal over the centuries. The magnificent collection is housed in the fifteenth-century Madre de Deus convent.

These beautiful and distinct painted tiles are found all over Portugal, in churches, homes, palaces, restaurants. They reflect themes from religious, nature, and art. It is much more than a tile museum – and leads into an extraordinary church -- quite worthwhile!



This evening we will dine in a highly-rated restaurant which offers a wide variety of wonderful dishes. If you are a food lover, Portugal is your place!

Those who are interested can attend a special performance of the classical music of Portugal: Fado. It is Portuguese opera and popular to this day.



We'll see Belém, a part of Lisbon considered the “capital of the Portuguese Discoveries.”

The [Tower of Belém](#) is a key landmark of Portugal, built in the early 1500's at the height of Portugal's great Age of Exploration. The monument below honors explorers. We'll enjoy breathtaking views along the Tagus River,



It's across from the [World Heritage Site of the Monastery of Jerónimos](#), one of the most magnificent buildings in Europe...



...and it houses the tomb of Portugal's greatest explorer, [Vasco da Gama](#). It is a solemn moment to be in the presence of such epic history.



While we're in Belem, we can check out two extraordinary museum, Museu dos Coches, "Museum of the Coaches" from times when there were only horse-drawn carriages. These are not replicas, they are the real deal.





And then there is the incredible Museu de Marinha, or “Navy Museum” which houses original ships from Portugal’s Age of Exploration.



We can stop to sample the delicious pastries at the famous "Pastéis de Belém" before we carry on our way. By the way, you can't eat just one...



# The Portuguese Riviera



## Day 3

We'll see the classic town of Estoril, after a look at Estoril, then we'll be in Cascais. Many say that [Cascais](#) is the jewel of the Portuguese Riviera. Cascais is Portugal at its most captivating, with picture postcard scenes everywhere:



Cascais is simply beautiful and you'll be there to see for yourself...



We can stroll to the marina, along the boardwalk to see classic architecture and year-round beach goes as we pass all the pocket beaches along the famous historical Cascais-Estoril Promenade.



Cascais is teeming with cool and quaint little shops, cafes, and bars – even a classic Irish Pub.



We drive up the coast where we can stand at [Cabo da Roca](#), the most Westerly tip of land on Continental Europe.

We can stop by the famous Fortaleza hotel for a drink, and enjoy this beautiful coastline. Then head over to Sintra...to overnight and wake up there in the morning!





We'll enjoy authentic Portuguese cuisine and wine in a wonderful restaurant.



# The Historic Village of Sintra



## Days 4 & 5

We now have two full days to explore the historic village of Sintra! In fact, this extraordinary village has been designated as the [World Heritage Site of Sintra](#). We visit the magical fairy-tale [Pena Palace](#), the hilltop summer residence of the Portuguese royalty during the 19<sup>th</sup> century:



We'll stay in our favorite Sintra hotel located in this charming engaging village, just steps away from the National Palace, with views all around us. We can easily walk through the tiny walking streets, with the quaint shops of local art and handcrafts, taste delicious local pastries, see a museum, walk through gardens, or simply relax.



We're staying the classic hotel Tivoli in historical Sintra, with a panoramic view and in a perfect location -- walking distance to everything in the village. After a hearty Portuguese lunch, we can explore the [Quinta da Regaleira](#) with beautiful expansive gardens and their famous Initiation Well.



Still in historical Sintra, we then visit the [Castle of the Moors](#) first built in the 8<sup>th</sup> century and captured by Christian knights in 1147. After exploring its ramparts (notice Pena Palace in the background).



Dinner is at a traditional Portuguese restaurant in Sintra...  
a favorite tucked away hidden from most visitors.



We'll say goodnight in a beautiful historic village, Sintra.

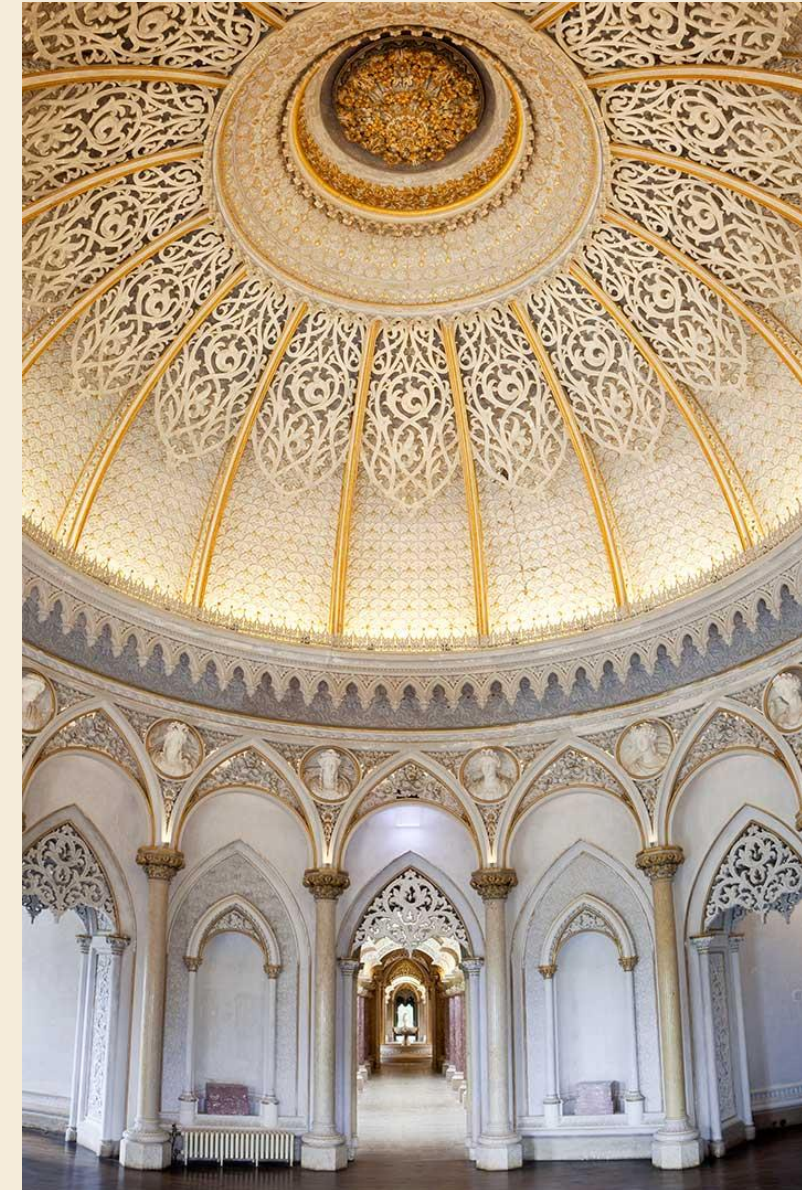




After a breakfast with a view from our hotel we'll set off to explore more...



There's a more to do in the extraordinary Sintra before we take off for the Silver Coast. We'll see the [Palace of Monserrate](#) which has a history that goes back to 1540, and was completely renovated several times over the centuries to its current pristine condition.



# Portugal's Silver Coast



## Day 6

Today is another full day. We begin with a drive up the Silver Coast to see the historic walled city of Obidos. It is known as the "Wedding Present City" because it was a gift King Dinis gave to Queen Isabel on their wedding day in 1282. All of Obidos has been declared a national monument.



The [Medieval Castle of Obidos](http://www.golisbon.com/portugal/cities/obidos.html) now encircles the modern city.

<http://www.golisbon.com/portugal/cities/obidos.html>



Obidos is one of Europe's [most romantic medieval villages](#) with picturesque cobblestone streets lined with colorful houses filled with geraniums and bougainvillea.

The Gothic doorways and windows are distinct, and whitewashed churches, flowerpots and dazzling tiles are all encircled by the walls of a 12th century medieval castle. Even today, musicians and artists abound...



Next we drive 40 minutes to [Tomar](#), a small Portuguese town of about 40,000 people with a few surprises...



such as this 17<sup>th</sup> Century Aquaduct...



The Knights Templar's Castle is one of Portugal's historical jewels and more significantly was the last Templar town to be commissioned for construction.

Tomar was especially important in the 15th century when it was a centre of Portuguese overseas expansion under [Henry the Navigator](#), the Grand Master of the [Order of Christ](#), successor organization to the Templars in Portugal.



In fact, the town of Tomar was born inside the walls of the [Convento de Cristo](#), constructed under the orders of Gualdim de Pais, the fourth grand master of the [Knights Templar](#) in the late 12th century.

The [Convent of Christ](#) in Tomar is a World Heritage Site.





The [Convent of Christ](#) in Tomar is extraordinary.



The chapel is much older and much simpler...



# Porto



## Day 7 - 8

We will enjoy exploring the second largest city in Portugal, Porto. It is the main city of the Northern region of Portugal and has a distinctly different type of charm than Lisbon. Porto is known for port, business, and the Douro River wine region. The city has a different vibe than Lisbon, and has more commerce.

We have these two days to explore, sample and enjoy all that Porto has to offer. Here are a few highlights.



We get to experience and enjoy the dynamic activity near the waterfront...



We'll visit "Livraria Lello", the historic bookstore that was quite a sensation when it opened in Porto in 1906. More recently, it is known as having been the inspiration for the bookstore in Harry Potter, Flourish & Bott's.





We'll visit some local shops, tasting their products from cheese and bread to wine and porto ....



We will enjoy charming restaurants such as the famous Majestic Café.



The classic Sao Bento train station is worth a visit....



We can see the tiled Carmo church and Carmelitas church with Porto's narrowest house, Casa Escondida or "Hidden House" wedged in between.





São Francisco Church, originally built in 1244 and expanded over centuries, is known for its lavish baroque interior with ornate gilded carvings. *(below left)*



The palatial 19th-century Palácio da Bolsa, formerly a stock market, was built to impress potential European investors. *(right)*



At night after our dinner, we'll see the river and beautiful city with lit up bridges around us.



**Day 9** We head south toward the Lisbon area for a relaxing afternoon. We'll have our **Farewell Dinner** tonight at a seaside restaurant. By now you will have fallen in love with Portugal...

## **Day 10**

You will be driven to the airport at the correct time for your flight out of the Lisbon airport.



# PORTUGAL EXPLORATION

**Arrive: Friday, May 2, 2025   Depart: Sunday, May 11, 2025**

**Trip Details - All Inclusive: \$6,850** per person

**Register:** [Portugal Exploration May 2-11, 2025](#)



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**All-Inclusive:** Accommodations in highly-rated hotels (check-in on May 2 until check-out on 11 May); all transportation, transfers, tours, admissions, guides, and activities in itinerary. Three meals per day included during trip dates.

**Price does not include:** International airfare to/from Portugal. Any meals, services, and activities not with group or in itinerary; personal expenditures, laundry, additional alcohol, gratuities, etc.

**Deposit & Payment:** Upon registration a deposit of \$2,950 per person. Balance in 2 payments.

**Cancellation and Refund Info:** Refund in full on the condition of a fully-paid acceptable replacement for you. We expect this trip to be completed as scheduled. In the event of an unforeseen situation out of our control we will reschedule this expedition on various dates as early as possible. We advise trip cancellation insurance. Let us know if you need assistance.

**Contact Us:** [explore@wheelerwindsorexpeditions.com](mailto:explore@wheelerwindsorexpeditions.com) or [holiday@wheelerwindsorexpeditions.com](mailto:holiday@wheelerwindsorexpeditions.com).

**Important caveat:** *Every effort will be made to adhere to the itinerary above. It rarely happens, yet due to the nature of travel, the itinerary may be altered in any way necessary. Participants are expected to accept this, and to maintain a cheerful attitude on an adventure such as this.*

**Dr. Jack Wheeler**, has been called the “real life Indiana Jones” by the Wall Street Journal has traveled to all 193 countries on all seven continents. He’s had two parallel careers: one in adventure and exploration with *Wheeler Expeditions*; the other in the field of geopolitics. After receiving his Ph.D. in Philosophy from the University of Southern California, where he lectured on Aristotelian ethics.

His adventures began early. The youngest Eagle Scout in history at age 12, he climbed the Matterhorn at age 14, swam the Hellespont (LIFE Magazine 12/12/60) and lived with Amazon headhunters at 16, hunted a man-eating tiger in Vietnam at 17, and started an export business in Vietnam at 19. He wrote *The Adventurer’s Guide* (New York: Mackay, 1975), described by Merv Griffin as “the definitive book for anyone wishing to lead a more adventurous and exciting life.” He has three “first contacts” with tribes never before contacted by the outside world: a clan of Aushiri in the Amazon, the Wali-ali-fo in New Guinea, and a band of Bushmen in the Kalahari. He retraced Hannibal’s route over the Alps with elephants; led numerous expeditions in Central Asia, China, Tibet, Africa, the Amazon and elsewhere, including 21 expeditions to the North Pole; and has been listed in *The Guinness Book of World Records* for the first free fall sky-dive in history at the North Pole. His company has conducted exclusive expeditions to dozens of countries across the globe for over 35 years.

Jack founded Wheeler Expeditions in 1976, today he and his sons lead bespoke expeditions each year to unusual destinations. The company has conducted exclusive expeditions to dozens of countries across the globe for over 35 years. On a personal note, in the early 80’s he married Ms. Rebel Holiday in St Tropez, France, and these days, Wheeler Expeditions is a family affair. They are delighted to work with their two grown sons also living adventurous lives and leading expeditions: Brandon Holiday Wheeler and Jackson Holiday Wheeler.

**Rebel Holiday** has traveled to 87 countries and has co-led expeditions for 3 decades. She has lived in 5 countries and speaks three languages (English, Spanish, and Portuguese.) She is involved in business and the arts. Wherever she goes in the world, Rebel is most interested in people and cultures. She is passionate about cuisine and finds the best restaurants and special activities on trips. She currently enjoys sharing the beauty of Portugal, her favorite European country.

You will have discovered first-hand, what makes beautiful Portugal such a unique and unforgettable place.

We hope you join us...this will be high on your list of “Best Trips Ever.”

*Contact us if any questions:*

[jack@wheelerexpeditions.com](mailto:jack@wheelerexpeditions.com)

[holiday@wheelerexpeditions.com](mailto:holiday@wheelerexpeditions.com)

Thanks – see you in Lisbon soon!

Jack & Rebel



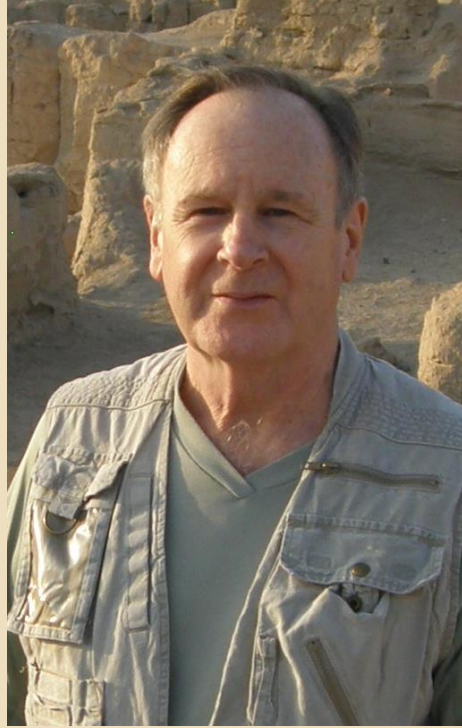
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**Brandon Wheeler**



**Jack Wheeler**



**Edward Windsor**  
**“Eddy Downpatrick”**

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**WHEELER-WINDSOR**  
EXPEDITIONS

## **Our Expedition Leadership Team - WWX**

This exploration combines natural beauty with options for various types of adventure and fun. We'll show you an incredible part of the world that few ever have the privilege to see. Join us to experience it!



WHEELER-WINDSOR  
EXPEDITIONS

## Wheeler-Windsor Leadership Team

Jack founded **Wheeler Expeditions in 1976**, which has conducted exclusive and bespoke expeditions to unusual destinations across the globe for over 40 years. On a personal note, in the early 80's he married **Ms. Rebel Holiday** in St Tropez, France, who is a partner in the business. Wheeler Expeditions was a classic family business, working with their two grown sons: **Brandon Holiday Wheeler** and **Jackson Holiday Wheeler**.

**Brandon Holiday Wheeler**, has traveled to over 90 countries on 6 continents for the past 32 years and has been leading international expeditions for over a decade. He has summited 13 mountains, along with his many adventures skydiving, scuba diving, and flying. He has lived, studied, worked, and volunteered in multiple countries and participated in their diverse cultures, finding value in learning about their distinct worldviews.

**Edward Windsor, Lord Downpatrick, (“Eddy Downpatrick”)** Eddy is an explorer and adventurer who takes great pleasure in designing and guiding exclusive expeditions. Eddy's experience, intellect, and great passion for exploring our wondrous planet and sharing it led to the formation of **Wheeler-Windsor Expeditions (“WWX”)**. In addition to extensive travel, Eddy is a mountaineer, avid hiker, skier, cold-water swimmer, linguist, and is adept on a horse. This opens up an even wider range of travel experiences for our WWX Client-Members, with the “invitation-only,” exclusive-access events that stem from Eddy's uniquely broad network.