



Take Your Socks Off: Why It Will Save Your Feet!

Webinar Series 2021

Feet are the most nerve-rich parts of the human body and are the furthest away from the heart. Are you or do you know someone living with diabetes and want to know how to keep your feet protected?

Join us to learn more about limb preservation and to receive resources to support your own self care and daily foot inspections. Mariam Botros, Chief Executive Officer, Wounds Canada, and Director of Diabetic Foot Canada (a division of Wounds Canada), will be joining to speak about wounds.

Key Takeaways:

- **Learn about** John Munroe and why his foot concerns led to an amputation
- **Identify** different foot concerns and potential risks to developing an ulcer
- **Learn more about** wounds, why they develop and best treatment practices

Date Thursday, May 20, 2021

Time 1:00 p.m. – 2:30 p.m.

Zoom Link <https://soadi.wufoo.com/forms/idhc-webinar-registration-20212022/>

All are Welcome



Speaker: Lindsey Cosh



Speaker: Mariam Botros