Blueberry Sweetgrass Vinaigrette



Ingredients

- · 2 cups of blueberries (fresh or frozen)
- ½ cup of pure maple syrup
- 2 tbsp of sweetgrass
- ½ cup of apple cider vinegar
- ½ cup of sunflower oil

Directions

- 1. Place blueberries and sweetgrass in a pan and bring to a boil.
- 2. Let simmer on low for 5 minutes.
- 3. Turn off and set aside to come to room temperature.
- 4. At this point, the blueberries can be strained or the sweetgrass pulled out and the whole berries can be used in dressing.
- 5. Put blueberries in blender. Blend for 10 seconds.
- 6. Place the rest of the ingredients into a blender for 30 seconds.
- Refrigerate any unused dressing. Dressing can be used for up to one week.

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