

# Personal Reflection Exercises...

## Waiting Interrupts Doing and Becoming



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I believe that the ideal time to act on a plan is the present. When I wait to make a move, plans get sidetracked.

Sometimes opportunities only come around once in a lifetime. I am steadfast in my commitment to seizing a good thing when it presents itself. **This one blessed life I have deserves to be lived to its fullest.**

When fear presents itself, I refuse to let it take control. It is the intangible thing that stands between me and potentially excellent opportunities. **I am resolute in overcoming it and going after what I want.**

Procrastination is another barrier that inhibits greatness. Instead of putting things off, I tackle them the first chance I get.

**Getting my tasks done efficiently leaves room for more exciting things to happen in my life.** The sooner I complete my projects, the quicker I become qualified for more meaningful career options.

Instead of waiting for what is considered the right time, I commit to making life-changing moves in the present. That is the quickest way to expose myself to opportunity.

Today, I am on my way to doing great things and becoming more accomplished because I choose to act now. I realize that waiting is counterproductive. My choice is to make the current time the right time.

### Self-Reflection Questions:

- 1. What value do I put on planning before making decisions?**
- 2. How do I know when a decision is the ideal one for me?**
- 3. What are some of the things that I am waiting to do? Can I get started on them?**