

# Personal Reflection Exercises...

## I want to live before I die



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I know that life is short and that tomorrow is never guaranteed. I want to gleam joy and purpose from every second of life.

When I wake up, I give thanks for a new day for I know I have **yet another** opportunity to become, the best version of myself - to experience what I came here to experience.

I understand that God gave me a blueprint and that it is uniquely different from everyone else. I have my own dreams, aspirations, and desires and I know it is my destiny to fulfill them.

I understand that inspiration comes from our Creator and that with a dream, I've been given the resources to bring it to life. Nobody can do ME as I can do ME.

**I understand that the BEST version of myself blesses the world in such a deeper way.**

As I grow into the best 'me', I affect the world and everyone in it in a way that blesses them as well as myself - I become an answer to someone in need.

My life is a gift that I plan to open fully and appreciate daily.

I remain open to God's plan for me and do my part to be all I can and to live fully before it is my time to depart.

### **Self-Reflection Questions:**

1. Am I clear on what God's plan is for my life?
2. What dreams am I keeping locked inside me that I want to learn to let out?
3. What must I do if I am to have no regrets at the end of my life?