



THE SCHOOL OF EMOTIONALLY HEALTHY LEADERSHIP

*EMOTIONALLY HEALTHY SPIRITUALITY FOR LEADERS
AUSTRALASIA 23 JULY - 10 SEPTEMBER 2026*

Syllabus

BEFORE THE COURSE

- 1 PURCHASE THE FOLLOWING REQUIRED TEXTS FROM YOUR PREFERRED RETAILER:

THE EMOTIONALLY HEALTHY LEADER BY PETER SCAZZERO

EMOTIONALLY HEALTHY SPIRITUALITY BY PETER SCAZZERO

EMOTIONALLY HEALTHY SPIRITUALITY COURSE WORKBOOK
(EXPANDED EDITION) BY PETER & GERI SCAZZERO

EMOTIONALLY HEALTHY SPIRITUALITY DAY BY DAY
A 40-DAY JOURNEY WITH THE DAILY OFFICE
BY PETER SCAZZERO

- 2 READ ALL OF **THE EMOTIONALLY HEALTHY LEADER** BEFORE THE FIRST SESSION
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- 3 READ **CHURCH CULTURE REVOLUTION EBOOK** (DOWNLOAD FOR FREE)
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- 4 TAKE THE **EHS PERSONAL ASSESSMENT**



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DURING THE COURSE

1 ATTEND ALL 8 SESSIONS

2 COMPLETE WEEKLY READINGS FROM THE EH SPIRITUALITY
AND EH LEADER BOOKS

3 COMMIT TO THE DAILY OFFICE
(SILENCE AND DEVOTIONALS 2 X DAILY)

4 MEET 1-1 WITH YOUR TABLE LEADER AROUND NEXT STEPS ON
YOUR GRIEF AND LOSS CHART OUTSIDE THE COURSE TIME



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	DATE	SESSION	READ BEFORE THE SESSION	READ/PRACTICE AFTER THE SESSION
1	23 JULY 2026	The Problem of Emotionally Unhealthy Spirituality (Saul and the false self)	EH Spirituality: Intro & Chapter 1 EH Leader: Chapter 1	Day by Day: Week 1 Practice skills: 2-3 x this week
2	30 JULY 2026	Know Yourself that You May Know God (David and leading from a true self)	EH Spirituality: Chapter 2 EH Leader: Chapter 2 (p51-70)	Day by Day: Week 2 Practice skills: 2-3 x this week
3	6 AUGUST 2026	Go Back To Go Forward (Joseph and a life of surrender)	EH Spirituality: Chapter 3 EH Leader: Chapter 2 (p70-80)	Day by Day: Week 3 Practice skills: 2-3 x this week
4	13 AUGUST 2026	Journey Through the Wall (Abraham and the dark night of leadership)	EH Spirituality: Chapter 4 EH Leader: Chapter 9	Day by Day: Week 4 Practice skills: 2-3 x this week
5	20 AUGUST 2026	Enlarge Your Heart Through Grief and Loss (God's treasures found in loss)	EH Spirituality: Chapter 5 EH Leader: Chapter 4 (p115-132)	Day by Day: Week 5 Practice skills: 2-3 x this week
6	27 AUGUST 2026	Discover the Rhythms of the Daily Office and Sabbath (Stopping to breathe the air of eternity)	EH Spirituality: Chapter 6 EH Leader: Chapter 5	Day by Day: Week 6 Practice skills: 2-3 x this week
7	3 SEPTEMBER 2026	Grow into an Emotionally Mature Adult (Loving people as thou's)	EH Spirituality: Chapter 7 EH Leader: Chapter 7	Day by Day: Week 7 Practice skills: 2-3 x this week
8	10 SEPTEMBER 2026	Develop a Rule of Life (Recrafting your entire life around Jesus)	EH Spirituality: Chapter 8 EH Leader: Chapter 4 (p133-142)	Day by Day: Week 8 Practice skills: 2-3 x this week



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EACH PARTICIPANT AT THE COMPLETION OF BOTH COURSES WILL:

1 SLOW DOWN TO BE WITH JESUS IN SILENCE, STILLNESS, AND SCRIPTURE

2 PRACTICE SABBATH DELIGHT AND RHYTHMS

3 APPLY GENOGRAM THEOLOGY TO THEIR PERSONAL FORMATION AND LEADERSHIP, IDENTIFYING 1-2 SIGNIFICANT VULNERABILITIES/AREAS OF FOCUS

4 TRANSFORM THE LEADERSHIP OF THEIR TEAM AND MINISTRY CULTURE BY MASTERING KEY EH RELATIONSHIP SKILLS (CTR, STOP MIND READING, CLARIFY EXPECTATIONS, EXPLORE THE ICEBERG, AND SPEAKING; AND BEGIN INTEGRATING INCARNATIONAL LISTENING, THE LADDER OF INTEGRITY, AND CLEAN FIGHTING)

5 BE PRESENT WITH THEMSELVES, BECOMING AWARE OF THEIR INTERIOR WORLD (I.E. THEIR EMOTIONS AND THOUGHTS) IN ORDER TO DISCERN GOD'S WILL MORE CLEARLY

6 TAKE FIRST STEPS TO REDEFINE THEIR 'LEADERSHIP SCORECARD FOR SUCCESS' IN ORDER TO LEAD FROM A DEEPER, MORE INTEGRATED PLACE IN GOD'S LOVE AND THEIR UNIQUE PERSONHOOD/CALLING

7 LEAD THEIR TEAM, OUT OF THEIR LIVED EXPERIENCE, TO DISCIPLE OTHERS WHO WILL THEN DISCIPLE OTHERS