



HOW TO KNOW IF HE'S THE ONE

GET CLEAR ON WHERE YOU STAND WITH HIM &
SOLIDIFY YOUR ROMANCE WITH COMMITMENT



SOLIDIFY YOUR LOVE NOW

Dating and getting to know someone is a fun and exciting time. But after the first few months of courtship, it's time to solidify your relationship regardless of the outcome.

When you don't take a stand on what you want, you end up settling for the choice someone else has made on your behalf. It may show up as you ending up in the friend zone, alone or in an unbeneficial situation offering no commitment or respect.

Take back your power by using your words to solidify your relationship without the confusion or playing the guessing game.

April A. Carter

GET CLEAR ON THE DIRECTION OF

Your Relationship

Taking your relationship to the next level can be hard for a few reasons because you may struggle with not knowing when to say something, how to bring it up. You may even be confused on his feelings for you, so you do nothing.

Get clarity for a clear understanding if you should continue to put in the effort or move on forever.



01 Be Decisive

Before you go trying to lock up your love, make sure you are absolutely ready to take it to the next level. Understand what you'll have to sacrifice and the benefits (pros & cons)

02 Be Courageous

Express your feelings for him with boldness and don't get discouraged. Speak with authority and use your feminine side to soften his heart for the biggest impact.

03 Don't Delay

Understand his true intentions for you sooner rather than later. Having the tough conversations will allow you to make the best decision for where your life is headed,

HOW YOU'LL KNOW IIF HE WANTS TO

BUILD A FUTURE WITH YOU

1

OPENLY SHARES

- His thoughts about life and what he has going on
- His feelings about how much he cares for you
- His things with you because what's his is also yours

2

INITIATES

- Spending time together without you asking
- Doing something nice for you just because

3

CARES ABOUT YOUR WELL BEING

- Makes sure you're ok without asking
- Voluntarily offers to help carry your load (whatever it is)

4

SPEAKS FUTURISTICALLY

- Talks about attending events in the future together
- Sets future life goals with you

5

CONSIDERATION

- Has mutual respect for you and your goals
- Is empathetic about the things you have going on

TAKE IT TO THE NEXT LEVEL | CHECKLIST

Before getting locked in, complete the checklist to decide if sure your man values you.
Say to yourself, my man:

Considers me when making important life decisions

Makes valuable contributions to my life, happiness, family, household & vision

Loves me with action by being consistent & keeping his word with valuable steps & efforts

Respects my opinions, my mind and values me as a woman

Allows me to be free of judgment without trying to dim my light

Encourages me, supports my goals and gives me space and understanding

Has leadership qualities & makes good decisions for us (& the family)

Is emotionally available and makes every effort to make me a priority

What would cause you to end the relationship (besides cheating)?

STRENGTHEN YOUR BOND WITH WORDS

The best relationships take time & patience to build. Give your relationship a fighting chance by strengthening your connection one conversation at a time.

01

Empathy

Men deal with many added stressors that can bring tension into the relationship. Showing empathy in conversations will help him to start opening up more to you because he'll know you understand where he's coming from.

02

Encouragement

Being encouraged by the person you love is priceless. Promote your mates' goals and ideas in a positive way without being a dream killer. By encouraging him, he'll feel like he can take over the world and will treat you like a queen.

03

Engagement

Being present and actually relating to your mate on another level is the ultimate game changer. The way to engage is by actively sharing his world. Take interest in the things he likes to grow your connection and strengthen your bond.

Implement the 3 E's to improve communication and grow your relationship with trust and validation.

ABOUT APRIL A. CARTER

April A. Carter, Certified Expert Relationship Coach has over 15 years of experience empowering women to live the life they envision. She is also a speaker and 3x published author whose groundbreaking strategies have been featured on NBC, CW, Black News Channel (BNC), BUZZ, Emerge and other media outlets as an expert in her field.

Her book, *Compatible Companion* is the #1 New Release that exclusively teaches women how to date for compatibility for lasting love & commitment.

[CLICK HERE TO SCHEDULE A CALL](#)

Your relationship is all about you. It's about who you choose, why you choose them and why you stay in the relationship with them.

Making better choices in men is the 2nd step in having the love life you want. Loving yourself enough to make better choices, is the first step.

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