

CREATING A SOLID FOUNDATION

THE WNDC METHOD



APRIL A. CARTER, CERTIFIED EXPERT RELATIONSHIP COACH | SLS 2023



THE WND METHOD

Your assignment is to start focusing on yourself for the best outcome when dating, or trying to decide if the relationship you're in is your final destination.

Too often, women put the needs of their partners first and end up getting burned. But not anymore.

Date with a purpose for lasting love and commitment to avoid dating the wrong person that doesn't compliment you.

Change your outcome with my WND Method that has been Featured on NBC, CW, BNC and other media outlets for its results.

Once completed, you'll have a beginners blueprint to avoid wasting your time with the wrong guy.

W - WANTS



Knowing what you want in a partner before you get into a relationship is an important first step.

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WHAT TRAITS DO YOU WANT YOUR FUTRE PARTNER TO HAVE?

WHAT DO YOU WANT YOUR PARTNER TO CONTRIBUTE TO YOUR LIFE?

LIST EVERYTHING YOU WANT IN A PARTNER & RELATIONSHIP BELOW:

N - NEEDS

Wants & needs are very different. What do you need from your compatible companion to add to your life?

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WHAT COMMUNICATION STYLE DO YOU NEED FROM YOUR PARTNER?

WHAT KIND OF SUPPORT DO YOU NEED FROM YOUR PARTNER?

WHAT TYPE OF COMMUNICATION & SUPPORT ARE YOU ACCUSTOMED TO?



D- DEALBREAKERS

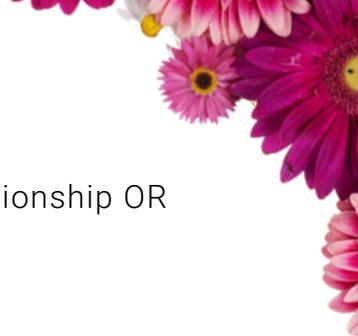
A deal breaker is anything that would stop you from starting a new relationship OR something that would make you end a great relationship.

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WHAT WOULD MAKE YOU NOT START A RELATIONSHIP WITH SOMEONE?

WHAT WOULD MAKE YOU END A GREAT RELATIONSHIP?

LIST ALL OF YOUR DEAL BREAKERS BELOW:



C - COMPROMISES



Being willing to compromise with your partner is very important. But knowing how & when to compromise is what'll make or break your relationship.

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WHAT WON'T YOU COMPROMISE ON IN YOUR RELATIONSHIP?

WHAT PHYSICAL TRAITS ARE YOU WILLING TO COMPROMISE ON?

LIST THE THINGS YOU'VE COMPROMISED ON IN THE PAST, BUT REGRET:

THE WNDC METHOD

Complete each block to immediately recognize & alleviate men that don't align with your core values to improve your dating results.

DO YOU KNOW YOUR WANTS?

DO YOU KNOW YOUR NEEDS?

KNOW YOUR DEAL BREAKERS?

ARE YOU READY TO COMPROMISE?

Now you have your ideal partner's profile.

Notes:

ABOUT APRIL A. CARTER

April A. Carter, Certified Expert Relationship Coach has over 15 years of experience empowering women to live the life they envision. She is also a speaker and 3x published author whose groundbreaking strategies have been featured on NBC, CW, Black News Channel (BNC), BUZZ, Emerge and other media outlets as an expert in her field.

Her book, *Compatible Companion* is the #1 New Release that exclusively teaches women how to date for compatibility for lasting love & commitment.

As a domestic violence survivor, April knows the importance of having self-love in your life for the best relationship results. Now happily married for over 12 years, she helps single women date with confidence to have fulfilling relationships through her courses, books and seminars.

YOUR LOVE LIFE MATTERS

Your relationship is all about you. It's about who you choose, why you choose them and why you stay in the relationship with them.

Making better choices in men is the 2nd step in having the love life you want. Loving yourself enough to make better choices, is the first step.

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