


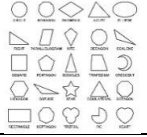

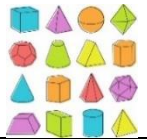





Masterpiece to Master PEACE

Module	Training	Outcome
Peace Pledge  Introduction	 Review how the course and activities are structured and how to access information and participate	Accept, acclaim how basic elements create peace as you explore how to be nurtured through art. Plan your Peace Worksheets, Workshops, Webinars, Private FB Group, Joy Jot Journal, Resource Links
Life Lines 	Line: Learn about basic lines as you observe and draw. Create a Doodle a Day as you discover lines to express your feelings.	Picture your Peace Picture and plan methods to ensure safety and security as you express yourself with art to create a new sense of peace.
Design Destiny 	Shape: Use shapes and combine with lines to design two variations of patterns that represent how you feel now and how you want to feel in the future.	Pattern of Peace Reduce anxiety, anger, tension, frustration as you develop restful, responses, and results with line, shape, and color
Value Vision 	Color: Explore color, value and shapes as you combine the elements create a free style painting. Voice your vision to picture possibility and prosperity with color.	Paint in Peace Discover how feelings are adjusted through color to help process anxiety, doubt, grief and pain and how color can influence perceptions.
Form Freedom 	Form: Learn to draw 3-dimensional forms that you find around your home. Record your observations as you establish personal boundaries.	Perspective and Peace Develop outer and inner peace with a new perspective, so you can reduce emotional and physical pain.
Craft Care 	Texture: Notice, observe and touch texture. Create texture rubbings. Draw leaves, flowers, trees. Create a nature collage.	Plant in Peace Reduce confusion and stress as you soothe your senses and craft with care.
Sense Space 	Sculpture: Sculpt a bowl of bounty and sculpture of serenity. Change lighting, color, and switch artwork in your home.	Pottery of Peace Gain clarity and comfort to calm your senses so you can celebrate your courage.
Hope Humor 	Cartoon: Create a cartoon caricature selfie surrounded by your peace projects. Discover how humor and art can heal your head and heart.	Re-establish, re-define, re-invent your improved identity. Encourage someone else who needs healing. People of Peace