

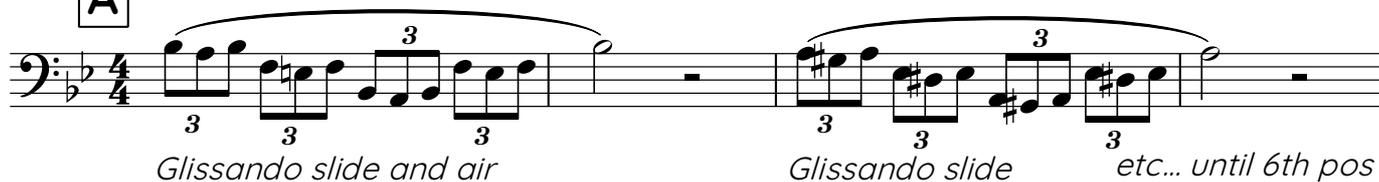
Practice ideas 1

Play melodically with open column of air,
wave shaped air, no sudden shifts.

To be played after mouthpiece buzzing or
lip bending exercise to encourage vibrations.

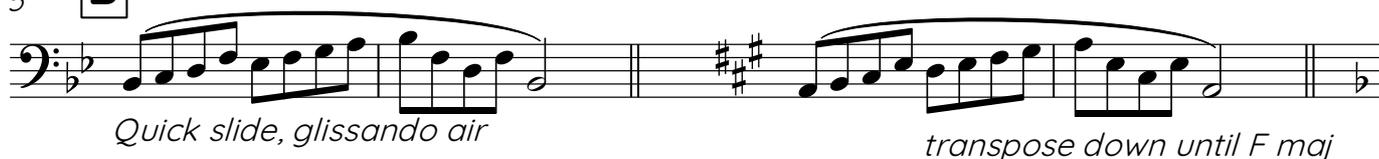
M. Lewis

A



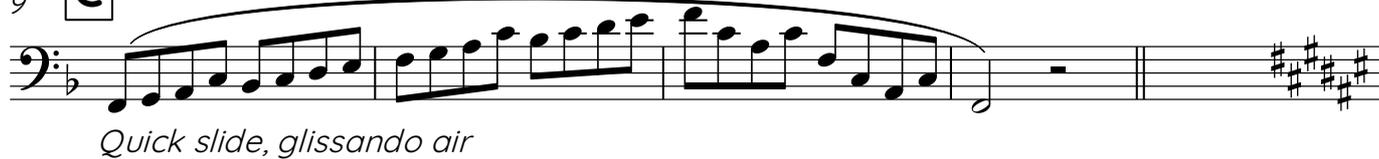
Glissando slide and air *Glissando slide* *etc... until 6th pos*

5 **B**

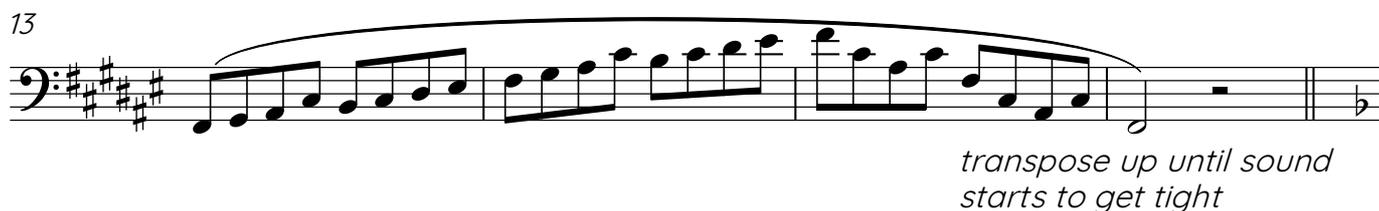


Quick slide, glissando air *transpose down until F maj*

9 **C**



Quick slide, glissando air



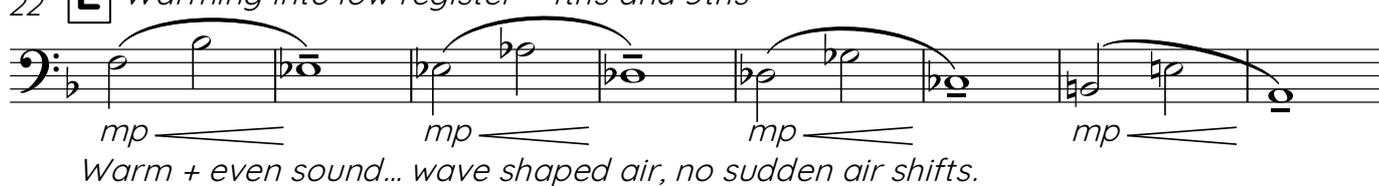
transpose up until sound starts to get tight

17 **D** Variation on exercise C



transpose up or down

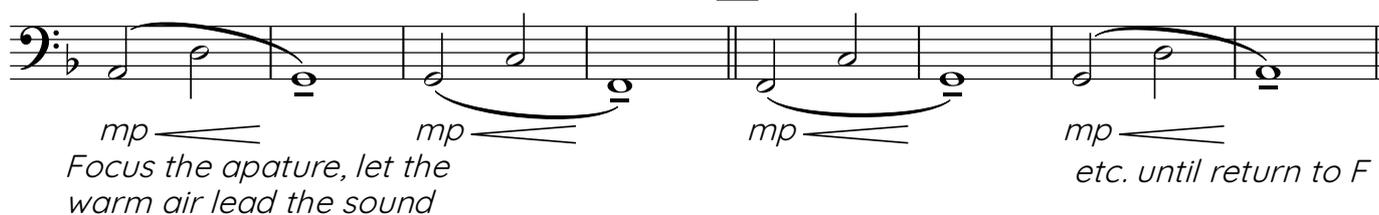
22 **E** Warming into low register - 4ths and 5ths



mp *mp* *mp* *mp*

Warm + even sound... wave shaped air, no sudden air shifts.

30 **F** 4ths and 5ths ascending



mp *mp* *mp* *mp*

Focus the aperture, let the warm air lead the sound *etc. until return to F*

38 **G** Example in F maj but can be done in every key
 *Credit - Oren Marshall

Glissando slide, smooth column of air etc. until scale completed

46

etc. until scale completed etc. until scale completed

54

etc. until scale completed etc. until scale completed

62

etc. until scale completed etc. until scale completed

68 **H** Melodic line to low register

83



Transpose down by semi-tone until failure before moving on.

*Major and Dom 7ths extension
Circle of 5ths - try dim 7th instead of dom for variation*

86

J



88



Continue round circle of 5ths until return to Bb...

90

K

Getting the tongue moving...



Clear "T" tongue. Start very slowly... keep same tempo to end - Figure L

93



95



97



99



101



102



Focus on forward direction to air.

103



104



105



106 **L** Example of Major scale pattern - try in minor



Active tongue, nimble slide.

108



Continue at least one 8ve.

110 **M** Example of Minor scale pattern - try in major



112



Continue at least one 8ve.

114 **N** Major scale in 3rds - varying articulation
Play all articulations before changing key



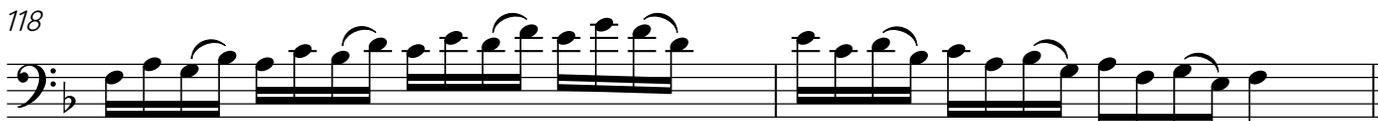
All active "T" tongue

116



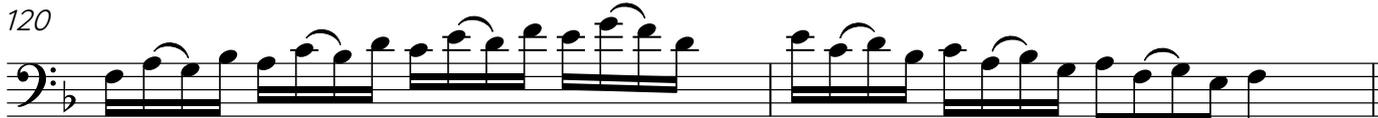
Slur 2, tongue 2

118



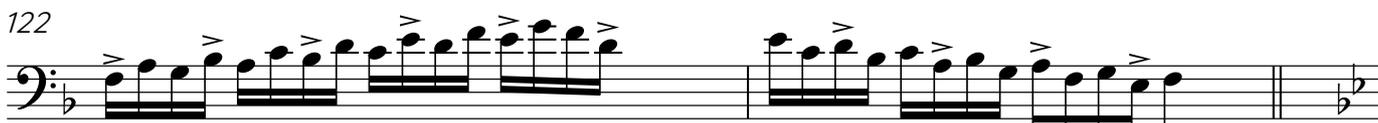
Tongue 2, slur 2

120



Tongue 1, slur 2, tongue 1

122

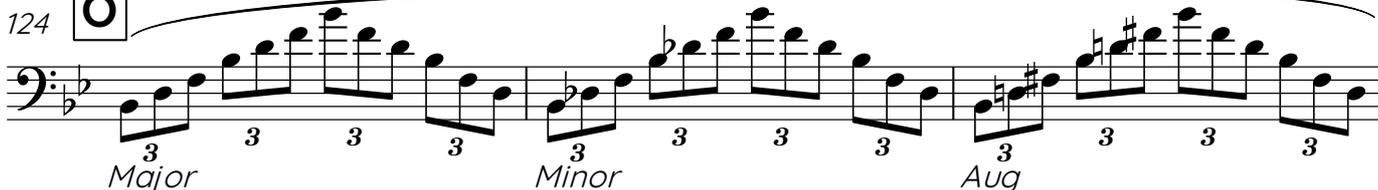


All active "T" tongue, accent every 3rd note

Arpeggio assesment

Try and learn in every key both slurred and tongued

124

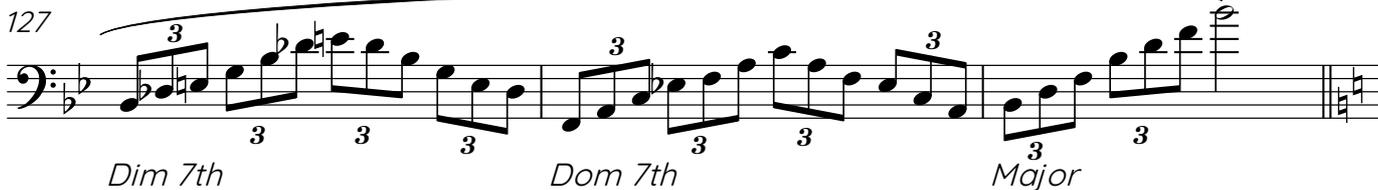


Major

Minor

Aug

127



Dim 7th

Dom 7th

Major



Additional slurs for flexibility

130



Transpose up to failure

132



Transpose up to failure

6

Q

134

Transpose up to failure

R

137

Transpose up to failure

S

Glissando, slurred or tongued

140

Transpose up or down

T

*Other ideas... transpose through every key.
Try to create new exercises all the time*

143

147

U

I-IV-V slur

150

V

II-V-I slur

154

W

Maj - Dim - Dom

158

X Maj - Dim - Dom - Circle of 5ths

160



7

162



Example of Maj circle of 5ths pattern

164



*Continue round circle
of 5ths until return to Bb...*

166



Y Example of Min circle of 5ths pattern

169

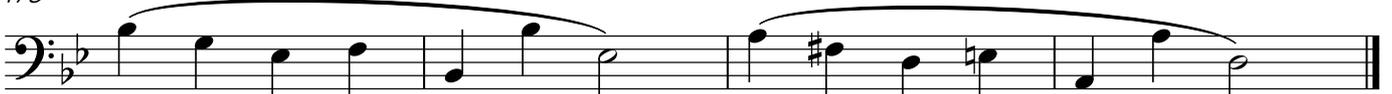


171



Z Melodic warm down
opt. first exercise of day

173



Glissando slide and air

Continue down until chops feel relaxed